

Intercept

Raising Our Children

Raising Our Children (ROC) is a parenting skills program, provided in the home that teaches the framework and tools necessary to support families by reducing risk factors and enhancing protective factors. Nurturing Parenting, an evidence based curriculum is used throughout ROC.

Focus:

- ◆ Nurturing and Attachment
- ◆ Child Care and Safety
- ◆ Health and Nutrition
- ◆ Child Growth and Development
- ◆ Positive Discipline
- ◆ Parental and Family Resilience

Types of ROC:

Prevention: Fosters a nurturing and attached relationship between parent(s) and child in the home. Parents build confidence in their own abilities to effectively raise their children.

Reunification: Provides clinical support and intervention for parents whose mental health and interpersonal problems negatively impact their parent-child relationship. Parents learn ways to repair relationships and develop secure interactions through education, modeling, and intensive counseling sessions.

Transition: Addresses the unique challenges of families with children placed in congregate care. Parents learn skills and routines to support their child's successful transition home.

Aftercare: When a child returns to their home, Aftercare focuses on supporting parents and incorporating the skills they have learned in either Reunification or Transition. Aftercare also serves as a stable transitional support as the parent(s), family and child readjust in the home.



Specialized Track for Adoptive Parents:

Adoptive families face unique challenges. Counselors explore the beliefs and expectations surrounding the adoption and facilitate the process of integrating the adopted child into the family. This track can be incorporated into Prevention, Reunification, Transition and Aftercare.

Optional Services and Assessments

Supervised Visitation:

Staff ensure the physical and emotional safety of the child/children during planned visitation with biological family members.

Supervised Clinical Observation:

Counselors ensure the physical and emotional safety of child/children participating in planned visitation with biological family members. Counselors make clinical observations of parent and child interaction, related to the parent's understanding of child development, behavioral capacity, parenting style, bonding and attachment.

Adult-Adolescent Parenting Inventory:

Assesses parenting and child rearing attitudes and provides an index of risky behaviors known to contribute to child abuse and neglect.

Nurturing Skills Competency Scale:

A comprehensive criterion referenced measure used used to assess changes in family life, knowledge and utilization of the Nurturing Parenting practices.



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