

Intercept Youth Services, Inc.
Community Based Services Rate Schedules
July 1, 2017 – June 30, 2018

Service Rates:

Intensive In-Home Services ¹	\$60.00 / Hour
Individualized Support Services <i>Formally Supportive In home</i>	\$60.00 / Hour
Crisis One- Crisis Stabilization ^{1,4}	\$89/Hour Urban \$81/Hour Rural
Crisis One – Crisis Intervention ^{1,4}	\$30.79/unit Urban \$18.61/unit Rural
Mental Health Skill-Building ^{1,2,4}	\$83.00 / Unit \$91.00 / Unit
Parent Coaching	\$51.50/per hour
Therapeutic Day Treatment ^{1,3}	\$36.53 / Unit

Other:

Raising Our Children: Home Based Parent Counseling	\$72.10/per hour
Supervised Visitation	\$41.20/per hour
Supervised Clinical Observation	\$61.80/per hour
WRAP Case Consultation	\$61.80 per hour
FA/NB Functional Neurobehavioral Assessments	\$500
FASCETS FA/NB Parenting: Into Action	\$60/hour

360 Transitional Solutions

360 Therapeutic Mentoring	\$49.28/ per hour
360 GPS Monitoring	\$12.10/daily \$63/setup
360 Surveillance	\$23.70/face to face
360° Transportation – Local Rate (less than 20 miles)	\$31.00 each way or \$61.80 per transport day
360° Transportation – Distance Rate (20 miles & over)	Hourly rate \$41.20 Plus Mileage \$0.56/ mile

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Intensive In-Home Services- Services for children/adolescents under the age of 21. Services are intensive, time-limited interventions provided typically but not solely in the residence of a child who is at-risk of being moved into an out of home placement or who is being transitioned to the home from an out of home placement due to documented clinical needs of the child. These services provide crisis treatment, individual and family counseling and communication skills (e.g. counseling to assist the child and his parent to understand and practice appropriate problem-solving, anger management, and interpersonal interactions, etc.) and coordination with other required services. Services also included 24 hour emergency response.

Individualized Support Services- Support and other structured services provided to strengthen individual skills and or provide environmental supports for individuals with behavioral/mental health problems. Services are based on the needs of the individual and include training and assistance. These services normally do not involve overnight care by the provider, however due to the flexible nature of these services, overnight care may be provided on an occasional basis. Services include Supportive In-home non- licensed service.

Crisis Intervention and Crisis Stabilization (Crisis One- Mobile Crisis Services)_ - Crisis One is a mobile crisis service for children, adolescents & adults who are experiencing an acute crisis of a psychiatric nature that may jeopardize their current community living situation. Crisis One provides clinical crisis services in the homes and communities of individuals experiencing suicidal ideations, severe depression, aggressive or self-harming behaviors, extreme social isolation, threatening behaviors, dangerous decision making, property destruction, hallucinations/delusional thinking, and other changes in behavior that prompt concern of decompensation.

Mental Health Skill-Building Service - A training service for individuals with significant psychiatric functional limitations. Services are designed to train individuals in functions skills and appropriate behavior related to the individual's health and safety, activities of daily living and use of community resources, assistance with medication management and monitoring health, nutrition and physical condition. These services are intended to enable individual with significant mental illness to achieve and maintain community stability and independence in the most appropriate, least restrictive environment.

Other – Uniquely designed services not otherwise name and defined, that will ensure the safety and well being of a child at risk of or in an out of home placement, support family preservation or enhance reunification efforts.

- **360° Transitional Solutions-** Community based programming providing a variety of strength based services to youth in the community address daily living skills, social, emotional and communication. **Service include:**
 - **Therapeutic Mentoring, Life Skill Coaching:** -- is available to all school aged children under the age of 21. Transitional Specialists focus on life skills proficiency, anger management, social skills training, leadership and academic support. 360 is equipped to work with the special needs population, including

autism, Life Skill Coaches also focus on criminogenic risk factors for the DJJ population. This is a one to one service

- ***Surveillance,***
- ***GPS Monitoring,***
- ***Transportation***

- **Raising Our Children (ROC) – Home Based Parent Counseling** focused on six core areas including nurturing and attachment; child care and safety; health and nutrition; child growth and development; positive discipline; and parental and family resilience. ROC promotes a healthy parent-child relationship and utilizes the Nurturing Parenting Curriculum, an evidence based program.
- **Supervised Visitation:** Staff ensures the physical and emotional safety of the child/children during planned visitation with biological family members. Supervised visits may be arranged at the Intercept office or other designated location. Upon completion of supervised visitation, staff will document visit and provide summary to referring worker/locality.
- **Supervised Clinical Observation:** Counselors serve in the following two capacities (1) To ensure the physical and emotional safety of the child/children participating in planned visitation with biological family. (2) To make clinical observations of the Parent-Child interactions related to the parent's responsiveness to the child's cues; the parent's understanding of the child's developmental and/or behavioral capacity; parenting style; and bonding and attachment. Upon completion of supervised clinical observation, the Counselor will develop a Clinical Observation Report with recommendations for continued care.
- **Therapeutic Day Treatment:** Therapeutic Day Treatment (TDT) is school based counseling for at risk students exhibiting behavioral, emotional, or mental illness characteristics. TDT utilizes a Positive Behavioral Support model to identify, address and decrease problem behaviors and assist the student with optimal classroom behavior.
- **Parent Coaching:** a prevention service that empowers caretakers with the knowledge and tools necessary to parent effectively and with confidence while maintaining a healthy, nurturing relationship with their child. Parent Coaching offers individualized approaches to teach caretakers parenting skills through an evidenced-based parenting curriculum. During home based sessions, parenting specialists provide remedial review of curriculum information, model parenting skills, role-play parenting techniques with the caretaker, facilitate opportunities for caretakers to begin practicing healthy parenting strategies within their parent-child relationship, and tailor their intervention to meet the unique needs of each caretaker.
- **WRAP Case Consultation:** An assessment and planning service that develops a holistic plan for supporting youth with complex emotional and behavioral disorders in the community. The consultant examines the youth's placement and psychiatric history, explores community resources, and partners with other providers and the youths' caretakers to develop a service plan that foster's the youth's success in the home, school, and community.
- **FA/NB Functional Neurobehavioral Assessments –Greater Roanoke Area Only**

Fetal Alcohol Spectrum Disorder and other neurobehavioral conditions (FA/NB) are brain-based physical disabilities with behavioral symptoms. Diagnoses include FASDs, PTSD, Autism, TBI, ADHD and others. The brain-based approach to living with, caring for, and teaching individuals impacted by FA/NB and their families acknowledges the source of behaviors—the brain. This assessment allows a family to identify primary characteristics and develop their own specific accommodations to reduce difficult behaviors using the FASCETS FA/NB Model. A screening tool is utilized by the family and across providers to generate a report of accommodations that can then be applied across settings.

- **FASCETS FA/NB Parenting: Into Action –Greater Roanoke Area Only**

Fetal Alcohol Spectrum Disorder and other neurobehavioral conditions (FA/NB) are brain-based physical disabilities with behavioral symptoms. Diagnoses include FASDs, PTSD, Autism, TBI, ADHD and others. The FASCETS FA/NB Parenting into Action provides an 8-week course to teach parents how to identify primary characteristics that are leading to acting out and how to develop their own child specific accommodations to reduce behaviors and allow the family to settle. This course is a one hour per week meeting for 8 weeks that can be modified to a two-hour meeting for 4 weeks as needed.